P3R River Trail Cross Country Invitational

High School Invitational hosted by McKeesport Area Tigers Cross Country.

Location: Boston Trail section of the Yough River Trail, Soccer Field, Under the Boston Bridge, between Versailles Boro and Elizabeth Township. Address: **1902 Donner Street, McKeesport, PA 15135**

Date and Time: **Friday, September 1**st, **2023**, Boys' Varsity Race starts at **2:30pm**. Girls' Varsity Race starts at approximately **3:00pm**. Combined JV Race starts at approximately **3:45pm**. Individual Awards will be given out after each race.

Participating Teams: Belle Vernon, Brentwood, Burrell, East Allegheny, Elizabeth Forward, Highlands, Keystone Oaks, McKeesport, Neighborhood Academy, Serra Catholic, South Allegheny, Steel Valley, Thomas Jefferson, West Mifflin, Woodland Hills, Yough.

<u>Race Entries</u>: Enter your runners into their races on **pa.milesplit.com**. Look for River Trail Invitational on their Race Calendar. The password is **rivertrail23**.

<u>Course</u>: Flat out and back 5K on gravel trail and grass. Spikes are permitted.

Individual Awards: Top 25 finishers in the Boys' and Girls' Varsity races receive medals. Top 3 for the JV Races.

Team Scoring: The scoring system will combine the Boys' and Girls' Varsity results into one team score to determine an overall Champion. The top 25 finishers in each race will count towards the overall total. The first place finisher in each race will score 25 points for their school. Second place will score 24 points. Third place will score 23, and so on. The final team score will be the total amount of points each school earns from both races combined. The team with the highest amount of points wins the River Trail Cup for that year. Only 7 runners are permitted for each school in each Varsity race.

Team Awards: The overall winning school receives the River Trail Cup until the following year's event. The winning Boys team and the winning Girls team in the Varsity races will each receive a plaque.

<u>Results</u>: Team and Individual results will be posted on the Miles for Smiles website at smileymiles.com, and on the PennTrackXC's website at pa.milesplit.com.

Entry Fees: \$200.00 per school. \$25.00 per individual for schools with less than 6 total runners. Checks are to be made payable to McKeesport Tigers Cross Country. Mailed to: Mark Bacco, 14264 Valley View Drive, White Oak, PA 15131.