RUN WITH THE DEER FLIES
25K *and* 15K TRAIL RUN
Conducted by: Indiana Road Runners

Where:
Seph Mack
Boy Scout Camp
Yellow Creek State Park
(North Shore)
Penn Run, PA
Pre-register by July 12, 2014
Fee: $30.00 shirts guaranteed to pre-Registered runners by 7/12
$35.00 after July 14, 2014

When:
Sunday, July 27, 2014
8:00 a.m. (race day registration 6:30-7:30a.m.)
Make check payable and mail to:
Deer Fly Run
309 Nursery Road,
Penn Run, PA 15765
More info: Tom, Wendy, or Jed:
724-349-8797
wentom87@verizon.net

RACE FEATURES:
TWO RACE DISTANCES: **25K AND 15K**
*Challenging course with plenty of hills, single track trails, rocks, pipeline roads, swamps, and creek crossings all surrounding Yellow Creek Lake.
*Aid stations approximately every 4 miles. Carrying water is strongly recommended
*Shower facilities available
*Free Overnight accommodations available: please rsvp to Tom - bring a tent and sleeping bag

AWARDS:
Finishing Awards to all **survivors**!

Proceeds to benefit: Seph Mack Boy Scout Camp and Yellow Creek State Park

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I hereby waive and release all rights for claims or damages or suit I may have against Camp Seph Mack, Yellow Creek State Park, Cherryhill Township, Indiana Road Runners Club (IRRC) and any other officials and sponsors of the Run with the Deer Flies Trail Run to be held on July 27, 2014.

SIGNED: _____(include parent if under l8)
NAME: _____Phone_____
EMAIL ADDRESS:_____
ADDRESS: _____City_____STATE_____ZIP_____
BIRTHDAY ____/____/____ AGE RACE DAY _____ SEX _____
Emergency Contact: _____
Shirt Sizes: S____ M____ L_____ XL_____

- ○ 15K
- ○ 25K