5K Course Description

The race starts at the entrance of the Nature Center Parking Lot. You will go around the track at the park, up the hill making a left onto Nicholson Road, turn right on Cypress Knoll Drive (Diamond Run), left onto Sebago Lake Drive, right onto Alaqua Drive, and a right onto Laurel Oak Drive. The final stretch will begin by making a left back onto Nicholson Road, a right through Lenzner's Court, right onto Ridge Road, a left back onto Nicholson Road, and a left back into the park. Proceed down the hill and the race will end in the outer track across from the pavilion at the park.

FREE after race festivities!!!

Food, Bounce Houses, Temporary Tattoos, Games and More...

Medals awarded for the 5K top finishers in each category:

MEN	WOMEN
Over All	Over All
7 and under	7 and under
11 - 8	11- 8
12-15	12-15
16-19	16-19
20-29	20-29
30-39	30-39
40-49	40-49
50-59	50-59
60+	60+

Sarcoma Foundation of America

Eden Christian Academy is the largest non-denominational school in the greater Pittsburgh area. The Academy was established in 1983 with 35 students and has grown to over 600 students in preschool through twelfth grades.

This Christ-centered learning environment has made an impact in the lives of many students throughout the Pittsburgh area, and we would now like to make a difference in the lives of many others. This Warrior 5K & 1K Run/Walk will be our major fundraiser for the year, and we have selected the Sarcoma Foundation as our tithing charity. We have chosen to support this foundation in memory of our own Eden staff member who passed away from the disease.

The goal is to raise both awareness and financial resources for sarcoma research through the Sarcoma Foundation of America (SFA) and and we ask you to join in this effort!

EDEN CHRISTIAN ACADEMY

Est. 1983

WARRIOR 5K & 1K RUN/WALK

Running the Race

I have fought the good fight, I have finished the race, I have kept the faith."

2 Timothy 4:7

Saturday, April 26, 2014

Ohio Twp Municipal Park

325 Nicholson Road, Sewickley, PA 15143

Early Registration
(due by 4/9/14)
$20

Event Day Registration &
after 4/9/14
$25

Family Registration $60

(up to 4 persons)

Registration includes one or both races. Registered walkers/runners will receive a T-shirt in their packet. T-shirts not guaranteed with race day registration

Race packet pick up:

Thursday, 4/24 from 4-8pm

Oxford Athletic Club

100 Village Run Rd Wexford, PA 15090

Friday, 4/25 from 3:30-8pm

Eden Christian Academy

318 Nicholson Road Sewickley, PA 15143

Race Day at event 8-8:45am

APPLICATION

Please Check One

5K _____ 1K_____ Both____

Mail form and check payable to:

Eden Christian Academy

318 Nicholson Road Sewickley, PA 15143

Attn: Jennifer Cranston

Name: _____

Address: _____

_____

Phone: _____

Age on Race Day: _____ Female/Male: ____

Shirt Size: Youth- M L Adult- S M L XL

For Family Entry

Name	Age	Sex	Shirt Size

As a participant in this race I agree that I am of proper health to compete in a foot race of this distance. In case of an injury I will not hold Eden Christian Academy or any of it's affiliates, volunteers or staff liable. I accept that there is risk in this race.

Signature: _____ Date: _____

(guardian must sign if under 18 years old)

Join us for the
Warrior 5K & 1K Run/Walk
at the
Ohio Twp Municipal Park
on Saturday, April 26, 2014

CONVENIENT ON SITE PARKING

Registration begins at 8:00am

The 5K race kicks off at 9:00am for runners, followed by walkers.

The 1K family fun run will begin at 10am.

DIRECTIONS

Take 1-79 to Exit 68 (Mt. Nebo Road). From the south, turn right (from the north turn left) onto Mt. Nebo Road. At the top of the hill, make a left onto Nicholson Road. Turn left into the park (Directly across from Eden Christian Academy).

Online application available at
http://www.RunSignUp.com

Race results posted on
http://www.smileymiles.com
1K will not be timed