



Allegheny Valley School District

Steps to Awareness 5K

April 20, 2013

*Benefits Allegheny Valley School District
Special Education Programs &
Autism Society of Pittsburgh*

AVSD Student Registration	Fee: \$15.00
Pre-Register by April 2, 2013	Fee: \$20.00
After April 2 and Race Day	Fee: \$25.00
Veterans and Members of Veterans' Groups	Fee: \$20.00

T-Shirts guaranteed to pre-registered participants only

Custom Designed Awards for Age Groups: 10 and under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60 and over

- Location:** Start in front of Veterans' Field on Lincoln Avenue in Springdale
- Start Time:** 9:00 AM
- Course:** Mostly flat through the streets of Springdale and Cheswick with two small hills.
Family Fun Walk: Baby Stroller Friendly Course

Donations Accepted

For more detailed information visit: www.avsdweb.org

Make checks payable to: **Allegheny Valley School District**
 Mail to: **300 Pearl Avenue, Cheswick, PA 15024**
Attn: Steps to Awareness 5K - Registration

Name: _____ Birth Date: ___/___/___

Address: _____ Phone: _____

City: _____ State: _____ Zip: _____

Age on Race Day: _____ Gender: M___ F___ Shirt Size: XS___ S___ M___ L___ XL___

WAIVER: My signature on this entry releases all sponsors or individuals from any liability that may result from this event.

Signed: _____ Date: _____
 (Parent or Guardian signature required if under 18 years of age).