

PENN STATE SHENANGO

PTA Club presents

HUSTLE FOR MUSCLE

5K RUN/WALK Saturday April 6, 2013 9:00 a.m.

REGISTRATION INFORMATION

Pre-Register by March 23, 2013- Checks made payable to Penn State University

Entry Fee -\$20.00 T-shirt guaranteed to the first 150 pre-registered runners and walkers

Race Day Registration \$25.00 T-shirt not guaranteed. Registration begins at 8:00 a.m. and closes at 8:55 a.m.

AWARDS:

\$50 GIFT CARD Prize To First Overall Male and Female Finisher*

Male / Female Age Group Awards- Top 3 In Each Age Group:

15 and under, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

RACE FEATURES

The course will go around Penn State Shenango campus starting adjacent to Forker Laboratory

* Timing service provided by Miles of Smiles * Post Race Refreshments * Prizes

ALL PROCEEDS GO TO UPMC MEDICAL EQUIPMENT RECYCLING PROGRAM AND PENN STATE SHENANGO PTA CLUB.

RACE Results AT

www.smilemiles.com

Mail race application and entry fee to:

Penn State Shenango
c/o Student Affairs Attn: PTA Club
147 Shenango Avenue
Sharon PA 16146

I hereby certify that I am fit and healthy to participate in the Hustle for Muscle 5K. I waive and release all rights for claims, damages, injury or suit I may have against Penn State, PTA Club, city of Sharon, and any other officials and sponsors of the Hustle for Muscle 5K Run/Walk to be held April 6, 2013 in Sharon, PA.

SIGNED _____ (include parent if under 18)

NAME _____

ADDRESS _____ CITY _____

STATE _____ ZIP _____ PHONE _____

BIRTHDATE ____ / ____ / ____ AGE RACE DAY _____ SEX _____

E-MAIL _____

SHIRT SIZE S M L XL 2XL (please circle)

Make check (non-refundable) payable to: Penn State University