

To Register, Contact:

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*Thank
You
For
Your
Support*



WVVNF
One Freedom's Way
Clarksburg, WV 26301
(304) 626-1600
Www.wvvnf.wv.gov

***We are Proud to Serve
our WV Veterans***

Shared Vision

We are a growing, learning facility. We have very high standards, but we also have compassion and understanding. We understand that the best outcomes are achieved through teamwork, not personal self-interest. We are committed to personal and professional progress, improvement and growth. We are never satisfied. We value individuals with diverse backgrounds, and we respect each other's diverse experiences. We are accountable to each other. When one of us fails, we all fail. When one succeeds, we all succeed. We are committed and dedicated to encouraging, helping and praising each other. We treat anyone who enters our doors with respect and dignity. We want a home-like cooperative, open work environment.

**West Virginia
Veterans Nursing
Facility**



***Second Annual
Memorial Benefit
5K Run & 5K Walk***

***At the Veterans Park
In Clarksburg, WV***

***One Freedom's Way
Clarksburg, WV 26301***

(304) 626-1600

WVNF Memorial Benefit 5K Run & 5K Walk

Date: Saturday, May 5, 2012

Time: Registration 7:00am– 8:00am

5K Run 8:30 a.m.

5K Walk 8:45 a.m.

Donation/Registration:

Before April 20 ,2012 \$15.00

After April 23, 2012 \$18.00

Place: registration is located in the parking lot across from the VA Pool at the Veterans Park in Clarksburg, WV or you can pre-register by calling the WVNF at (304) 626-1600 and we can mail you a registration form. For more information you can also go on our web site www.wvvnf.wv.gov

Or check with these other links:

<http://www.smileymiles.com>

iplayoutside.com

Course: The 5K course is a rolling, two-loop course with three water stations along the way.

Other: To ensure your safety, no dogs, baby strollers or headphones are allowed. This is in accordance with Road Runner Club of America guidelines.

There will be volunteers to assist with any questions. The Clarksburg EMS along with the Clarksburg Police will be on hand if needed.

T-Shirts:

We will have T-Shirts available for anyone who has pre-registered for the race, before May 5, 2011, at the registration area. There will be T-Shirts for sale as long as supplies last.

Awards:

The top three male and female finishers for both events will receive a certificate of appreciation and a trophy.

Official Times:

Race results will be provided by Miles of Smiles timing service. Results will be available when the last person crosses the finish line. You can also check your times on the links below.

[Http://www.smileymiles.com](http://www.smileymiles.com)

iplayoutside.com

Donations:

All donations will directly benefit the West Virginia Veterans Nursing Facility Resident Benefit Fund. This fund allows our veterans to participate in activities outside of the facility such as fishing, movies, lunches, bowling, fairs, festivals and more.



Entry Form

(Please print, write legibly)

Name: _____

Address: _____

Phone: _____

E-Mail: _____

Event

(Please mark event and shirt size)

_____ 5K Run

_____ 5K Walk

T-Shirt Size:

_____ S _____ L

_____ M _____ XL

Waiver

I hereby for myself, my executors, and my administrators waive any and all rights and claims I may have against West Virginia Veterans Nursing Facility/State of West Virginia, individuals associated with this event, sponsors of this event, or suppliers for injury or damages suffered by me and which may arise out of or in any way be connected with this event. I knowingly assume all risks involved in this event.

Signature/Date: (Parent/Guardian, if participant is under 18 years old)
