

# PENN STATE SHENANGO

PTA Club presents

## HUSTLE FOR MUSCLE

### 5K RUN/WALK Saturday March 31, 2012 9:00 a.m.

#### REGISTRATION INFORMATION

**Pre-Register by March 10, 2012- Checks made payable to Penn State University**

**Entry Fee** -\$15.00 T-shirt guaranteed to the first 150 pre-registered runners and walkers

**Race Day Registration** \$15.00 T-shirt not guaranteed. Registration begins at 8:00 a.m. and closes at 8:55 a.m.

**Mail race application and entry fee to:**

Penn State Shenango  
c/o Student Affairs Attn: PTA Club  
147 Shenango Avenue  
Sharon PA 16146

#### AWARDS:

\$50 Cash Prize To First Overall Male and Woman Finisher

**Age Group Awards- Top 3 In Each Age Group Men and Women:**

15 and under, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

#### RACE FEATURES

New and exciting fast course around Penn State Shenango campus starting adjacent to Forker Laboratory\*Timing service provided by Miles of Smiles\*Post Race Refreshments\*Prizes

## ALL PROCEEDS GO TO UPMC MEDICAL EQUIPMENT RECYCLING PROGRAM AND PENN STATE SHENANGO PTA CLUB.

#### For information contact:

Ken Colpo: [ksc5201@psu.edu](mailto:ksc5201@psu.edu) Erin Burns: [ekb5100@psu.edu](mailto:ekb5100@psu.edu) Dina Macchia: [dzm5214@psu.edu](mailto:dzm5214@psu.edu)

RACE Results AT

[www.smileymiles.com](http://www.smileymiles.com)

I hereby certify that I am fit and healthy to participate in the Hustle for Muscle 5K. I waive and release all rights for claims, damages, injury or suit I may have against Penn State, PTA Club,

city of Sharon, and any other officials and sponsors of the Hustle for Muscle 5K Run/Walk to be held March 31, 2012 in Sharon, PA.

SIGNED \_\_\_\_\_ (include parent if under 18)

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_ PHONE \_\_\_\_\_

BIRTHDATE \_\_\_\_ / \_\_\_\_ / \_\_\_\_ AGE RACE DAY \_\_\_\_\_ SEX \_\_\_\_\_

E-MAIL \_\_\_\_\_

SHIRT SIZE S M L XL 2XL (please circle)

Make check (non-refundable) payable to: **Penn State University**  
\$15.00 Pre-registered/T-shirt for the first 150 runners by March 10  
\$15.00 After March 10/T-shirt not guaranteed

Mail to:

Penn State Shenango  
c/o Student Affairs Attn: PTA Club  
147 Shenango Avenue  
Sharon PA 16146

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