

Awards

Half Marathon & 5K Awards

(Trophies, Medals & Prizes) in the following age groups and categories.

Top 3 Male & Female Overall

Top 3 Male & Female in the following age groups: 18 and under, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & Older.

1 Mile (Trophies, Medals & Prizes)

Top 3 Male & Female overall,

Top three Male and Female in the following age groups: 3 & under, 4-5, 6-7, 8-9, 10-11, 12-13, 14-15, 16-18. Top two male and female in the following age groups: 19-29, 30-39, 40-49, 50-59, 60-69, 70 & older

The Shamrock Awards. Presented to the top 3 men and women with the lowest combined time in all 3 races.

The Triple Challenge Awards. A special medal will be given to any runner who completes all three races that day. We will also award the Top three male and female with the lowest combined times for all three races.

The Zelenople-Harmony Area Chamber of Commerce
401 S. Main Street
Zelenople, PA 16063

New Distance and New Location

Start & Finish in Downtown Harmony

The Shamrock Shuffle

March 17, 2012

Half Marathon * 5K Run and Walk &

1 Mile Family Fun Run & Walk

Half Marathon Start at 7:30 AM * 5K start at 10:00 AM

1 Mile Start at 11:15 AM

Awards & Door Prizes Presented at 11:30 AM
Registration will open at 6:30 AM

Half Marathon

Limited to 500 Runners

**Proceeds will benefit the
Zelenople-Harmony Area
Chamber of Commerce
and the
Zelenople Rotary Club**

Date: 3/17/12

Time: 7:30 am

Pre-register by: 3/10/12



For more information or to register call:

**Joella Richard Baker at
724-321-4265**

Registration Information

Entry fees: Half Marathon

\$40 for Pre-registered Participants

- \$30 for Pre-registered (no shirt)
- \$45 for Late Registration after 03/10/12
- \$40 for Late Registration after 03/10/12 (no shirt)

Entry Fees: 5K

- \$20 for pre-registered participants
- \$15 pre-registered (no shirt)
- \$25 for late registration after 3/10/12
- \$20 for late registration (no shirt) after 3/10/12
- \$70 Family race fee for a maximum of three people, you choose the races

•\$50 to enter all three races (Includes a shirt)

Entry Fees: 1 Mile Family Fun Run

- \$18 for pre-registered participants
- \$13 pre-registered (no shirt)
- \$20 for late registration after 3/10/12
- \$15 for late registration (no shirt) after 3/10/12
- \$45 Family race fee for a maximum of three people.

•\$50 to enter all three races (Includes a shirt)

Each participant will receive an official long-sleeve Race Tee Shirt a Goody Bag, and food and beverages following the race.

The Race will start in downtown Harmony, PA. The 13 mile is a challenging and hilly course. The 5K and 1 mile are on rolling hills. This is the perfect training for the Pittsburgh full and half marathon.

Race Festivities

- Half Marathon
- 5K Run and Walk
- 1 Mile Family Fun Run and Walk
- Food and drinks: Including hot soup, pizza, cookies, green beer, coffee, hot chocolate, water and Gatorade.
- Music

Application

Please Check One

Half Marathon ___ 5K ___ 1 Mile ___ Shamrock ___

Mail form and entry fee to:

Make check payable to:
 The Z-H Area Chamber of Commerce
 Mail to...
 The Z-H Area Chamber
 C/O Joella Baker
 202 High Acres Road
 Harmony, PA 16037

Phone: 724-321-4265 * Fax: 724-452-6661

Email: joella@zoominternet.net

Name _____

Address _____

City _____ State _____ Zip _____

Sex _____ Age on race day _____

Family Registration Information

Family Names	Ages	Race	T shirt

Waiver: As a participant in this race, I agree I am in the proper health to complete a foot race of this distance. In the case of an injury, I will not hold the Z-H Area Chamber, Zelianople Rotary or Jackson Township or any of its affiliates responsible. I accept that there is risk involved with participating in this race.

T-Shirt Size: S M L XL XXL

T-Shirt Size kids: S M L

No shirt _____

Signature _____ Date _____

Signature of parent or guardian if under 18

Description of Rotary and Chamber Programs.

The Rotary Club of Zelianople provides 5 scholarships to area youth every year, we provide the Rotary Information Sign, we hold the 4th of July Parade, and we donate money to numerous local organizations. The proceeds from this event will support the programs and events we offer to the Zelianople and Harmony Area.

The Zelianople-Harmony Area Chamber of Commerce provides local support to area businesses and organizations. We work to provide quality programs and events to help promote our community. Proceeds from this event will allow us to continue our mission of serving our community by strengthening our businesses.

Sponsors

Get Fit Families

Art Prioletti Sales: T- Shirt & Prize Sponsor

Zelie Beer Distributor: Beer Sponsor

Mojo Running & Multi Sport: Prize and Shirt Sponsor

5 Generation Baker's: Bread Sponsor