



Judith's Jig Memorial 5K

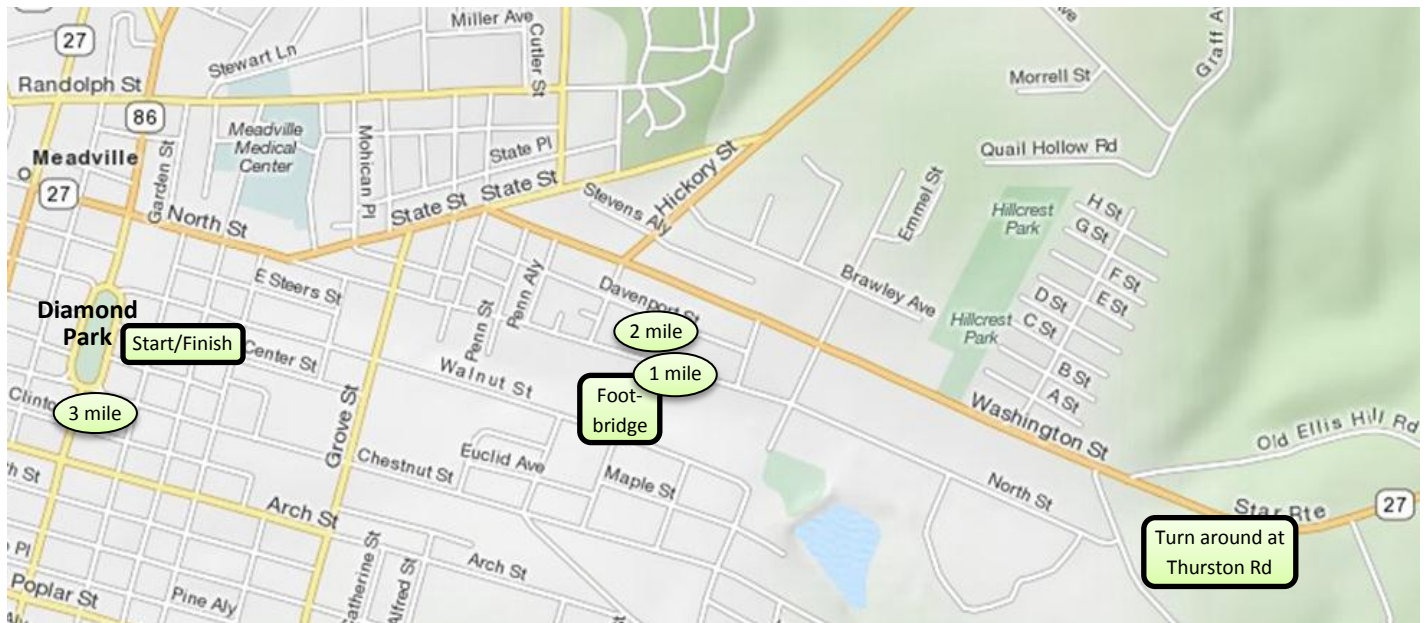


Benefiting the Womans Services of Crawford County & the John Kanzius Research Center

Saturday, March 17th, 2012, 10am

START / FINISH: Diamond Park, Meadville, PA.

COURSE: Start at Courthouse facing north. Head toward Walnut Street. Right onto Walnut Street. Go about 1/2 mile, turn left onto Grove Street. Turn right onto North Street. Run out to the intersection of Thurston Road and North Street (you have to go this far to get 3.1 miles...cannot turn around in school lot, it's not far enough). Turn around at the corner. Come back down North Street. Turn left onto foot path (just opposite Clark Street). Cross foot bridge, which takes you to Walnut Street. Turn right onto Walnut Street. Head back to Diamond Park. When you get to Diamond Park, head to the far side of the "circle" and run around the Diamond and back to the courthouse (you have to run 1 lap of the diamond to get in the 3.1 miles).



AWARDS: Modest awards as follows: Age group awards for Males & Females to the **top 3 runners** & to the **top 3 walkers**, in each age division: 10 and under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-65, 66-69, and 70 & over.

CHIP timing (walkers & runners on 5K) by **Herb Cratty**

www.smileymiles.com

PACKET PICKUP AND REGISTRATION: from 9 AM -9:45 AM Race Day at the Diamond Park. Get there early and beat the last-minute rush at the race! Preregistered runners & walkers will receive goody-bags, chips, and shirts. Last minute registering runners & walkers will receive the same as supplies last (note that race-day registration prices apply).

FACILITIES: Restrooms & changing facilities are available at the YMCA and the Chamber of Commerce. All walkers runners are encouraged to come dressed appropriately for any weather conditions.

REFRESHMENTS: Free refreshments & snacks to all participants before/after the race.

Stick around after the race and walk in the St. Patty's Day Parade!



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ENTRY FORM: Judith's Jig 5K Memorial Run - Saturday March 17, 2012 -Please Print

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Last Name	First Name	Sex	Age as of 3/17/12
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Street Address	City	State	Zip
Phone # _____	Email _____	Circle T-shirt size: S M L XL	

ENTRY FEE: Preregistration: \$15, must be postmarked by Friday March 9, 2012. **Race day registration is \$20 for all runners & walkers.**

ON-LINE REGISTRATION: Register on-line at www.active.com (ends midnight, Sunday March 11, 2012)

RACE INFORMATION: Please contact Toni Frisina by phone 814/282-1069 or Stephanie Turner at 814/920-3526 by email at judithsjig@gmail.com. The race directors reserve the right to reject any entry for any reason. Those exhibiting poor manners towards motorists and other runners, reckless behavior, or not obeying the traffic marshals will be DQ'd.

RELEASE: Sign waiver below and mail with check (payable to Meadville BPW) to: **Judith's Jig 5K Memorial c/o Stephanie Turner, PO Box 101, Meadville, PA 16335.**



Waiver



I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and have trained properly. I agree to abide by any decision of a race official as to my ability to safely complete the event. I assume all risks associated with running in this event, including, but not limited to, contact with runners, falls, the effects of the weather including humidity and temperature, road conditions including traffic and the actions of motorists and adjoining landowners whether unintentional or intentional, and conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release all sponsoring and affiliated parties including the race directors and volunteers, City of Meadville, Meadville Police Dept., Crawford Co. Sheriff's Dept., Meadville Area High School, Herb Cratty, Meadville Business & Professional Woman's Club (BPW), and their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I further grant permission to all of the foregoing to use any photographs, motion pictures, recordings or other record of this event for any legitimate purpose. I also understand that all entry fees are non-refundable.

Signed: _____ Date: ___/___/___
[Require Parent Signature If Under 18]