



Fun with us

High 5

Cinco de Mayo

Warren, Pennsylvania
Saturday, May 1, 2010

Benefits the 5
Public Libraries
of Warren County
Targeting
Teen Mental Health

All events begin in the parking area of the Cancer Care Center of Warren General Hospital

- 5 mile run 10 a.m. fast and flat. run along the scenic Allegheny River.
- 1.5 mile run 10 a.m. to encourage new runners
- 1.5 mile fun walk beginning at 10:05 a.m. - maps will be available.
- Kid's fun dash. 2 divisions (under 4: 5-7 year olds) \$2 race day.

Begins immediately following timed events.

Surprises along RACE COURSE + finish line by Miles of Smiles + Fun Food post-race

****POSTMARK DEADLINE TO PRE-REGISTER IS APRIL 24, 2010****

Day of Race Registration begins 9:00a.m. No discounts race day.

RRCA Safety Rules require absolutely no wheels, pets, ipods/CD players etc.. on course.

Awards: Awards given proportionally in each age division, M/F, all events.

Sponsored by:

Allegheny Racers & Pacers

Web site: www.high5race.com

For information e-mail Patty Gabreski: runnergirlpatty@gmail.com

Please send completed form & payment, payable to:

Allegheny Racers & Pacers
25 Glenwood St.
Warren, PA 16365



Complete one entry race form for each person ~ make as many copies as you like!

First Name _____ Last Name _____ Group Identification* _____

* For annual Bull Award for most participants in community, school, or work group.

Address: _____ City _____

State: _____ Zip _____ e-mail _____

Phone _____ Age (as of May 1, 2010) _____ Birthdate _____ Gender: M or F (circle one)

- 1 .5 mile race.....\$12. pre-registration** \$15. race day (age 8 and up)
- 5 mile race.....\$12. pre-registration** \$15. race day
- 1 .5 fun walk.....\$12. pre-registration** \$15. race day

"COOL" T-shirt with pre-registration
(check size)

Youth Large

Youth XL

Adult Small

Adult Medium

Adult Large

Adult XL

Waiver: In consideration of the acceptance of this entry, I waive, for myself, my heirs, and assigns, all claims for damages which I may have against the race, sponsors, or any other organization, business, or individual as a result of any and all injuries which might be received during the events. I attest that I have sufficiently trained for this event. I also release any photos which may involve myself.

Signature.....Date.....

Parent/Guardian Signature Required if participant under 18 years old:

Signature.....Date.....

