

Register Today!

Dayspring Harvest Ministries

13th ANNUAL 5 K RACE AND 2 MILE FUN WALK

June 19, 2010 at 9 AM

www.dayspringharvest.org

LOCATION: Park Gate Baptist Church. From Pittsburgh take I-79 N to Zelienople, Rt. 288. W to Ellwood City, take 351 W (this is the main street of Ellwood City –Lawrence Ave.). 2.1 miles to church. From Beaver Valley, cross Koppel Bridge. Church is on the right. From Rt. 60 N, exit 33. Take 351 E across the Koppel Bridge. The church is on the right.

COURSE DISCRIPTION:The Rural course begins at park Gate Church. Race finishes in parking lot. Splits at each mile with water at the turn. Walkers who finish receive ribbons.

PRE-REGISTER BY 6/11/10. Pre-registration guaranteed a T-Shirt.

GENERAL INFORMATION: Trophies to overall winners & age group winners. Timing by Miles of Smiles. www.smileymiles.com

ENTRY FEE: \$15.00 Pre-Registration \$18.00 Race Day (Starts at 7:30 AM) \$10.00 Walkers

Women:	Men:		Prizes!
<ul style="list-style-type: none"> • 14 & Under • 15-19 • 20-24 • 25-29 • 30-34 • 35-39 • 40-44 • 45-49 • 50-54 • 55-59 • 60-64 • 65-69 • 70 & Over 	<ul style="list-style-type: none"> 14 & Under 15-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 	<ul style="list-style-type: none"> 70-79 80 & Over <p>OVER ALL COURSE RECORDS MALE: Jake Walker 14:47 (2009) FEMALE: Bethany Walker 19:07 (2009)</p> <p>MASTERS: Mark Courtney 17:19 (1998) Cindy Grimm 20:03 (1997) Penny Felger 20:03 (2003)</p>	

Cut and Mail Entry Fee to *John Antinossi, 1455 Brown Rd., Ellwood City, PA 16117* 724-752-1600
Make Checks Payable to Dayspring 5 K. Return entry from by June 11 johnantinossi@gmail.com

Name _____ Address _____
Phone _____ T-Shirt Size S M L XL Male or Female
Age on race day _____ Have you run this race before? Yes ___ No ___
I am Signing Up for _____ 5 K Race _____ 2 Mile Fun Walk

Signature _____ Date _____
Signature of Parent or Guardian if under 18 years of age. _____

Waiver: I waive for myself, my heirs, and assigns, any claims for injury and damage which I might have against Dayspring, Park Gate Baptist Church, North Sewickley Twp, and all sponsors, other organizations, businesses of any and all injuries that might occur at the race.